

ABSTRACT

A simple, strong handle for use as a grip for holding articles is disclosed comprising a carabiner-like snap hook provided with a gripping surface of the proper size and shape to be comfortably held by a human hand. The snap hook has a generally C-shaped back portion on which the gripping surface is disposed, and a gate selectively attached to the back portion, forming a closed loop. Articles such as shopping bags and animal leashes received by the snap hook and secured by the gate may be held comfortably by the grip. The snap hook may be made of a variety of materials and shapes depending on the application and requirements of the user.